

# REFLEX ROLLER



It is simple, quiet, portable and powerful, and is especially effective for tired, sore feet. As the rollers spin, the center space provides a continuous kneading massage that is perfect for feet and neck massager.

The **Reflex Roller shiatsu foot massager** is a simple but effective massage machine in a relatively unique style, using rollers encased in an attractively colored blue cloth. But is it worth buying? Keep reading this review to find out if it's a good fit for your needs.

Lots of machines achieve their results through a combination of vibration or percussion. The Reflex Roller eschews all that to focus solely on a rolling motion, which lets it have a greater effect on the tissue farther inside your feet. Unlike many other massagers, this one uses simple powered rollers to give your feet a deep-kneading massage.



A nice thing about using rollers is that your feet don't have to squeeze into a certain size boot or space. If your foot is the right size, you can squeeze it in between some of the rollers to get more side compression, but you'll still get the benefits if your foot isn't exactly the right size.

Also, it's easy to adjust the pressure of your foot massage by just lessening how hard you're pressing your sole onto the rollers. You can also add a towel or blanket under your feet if the pressure is too much for you. As far as controls, this one's pretty simple – which is probably an advantage! There's a dial to control speed, and a switch to rotate forwards or backwards.

The most unique feature is that the Reflex Roller can also be used as a **shiatsu neck massager**. Just put it behind your neck while you're sitting down, and let it do its thing. You can also use it on your thigh or another body part, but it might take some gymnastics to get there.

For a kneading massager, the Reflex Roller is relatively cheap. Judging from users' experiences, the quality is generally pretty good, but the low price reveals itself in a couple ways.

It's also lightweight and the design gives it a convenient handle, so it's good for taking on a trip to use after a long day of walking and sightseeing, or after sitting in an uncomfortable airplane seat for hour

Overall, this is a great massager for the price. Yes, it's not from a name brand, and the cloth cover probably won't last forever, but it does do a good job of giving a shiatsu foot massage without uncomfortable percussion and vibration. Check it out on [Amazon here](#) to see the current price and buy one for yourself.

The reflexology rollers on the left and the right can massage the soles of your feet simultaneously or can be used all over.

- 1 Massager Does It All - Kneading mode gives deep tissue relief & rolling nodules help muscle recovery
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- Easy To Use - Just turn it on and let the Daiwa massagers restore circulation to your tired, sore feet
- Works on Hands, Legs, and Neck making it the ultimate neuropathy relief machine for at-home therapy
- Take It With You - Compact, portable design gives spa-like massages wherever you go
- Trusted American-Owned Brand - U.S. Jaclean innovators of health & wellness products for over 35 years

**Information taken from online store:**

[Reflex Roller Electric Foot Massager USJ-101 – Daiwa Felicity Online Store](#)